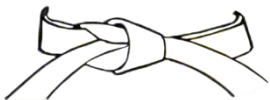


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There are 9 steps (GUP) to get from the white belt to the black belt in WHC. These 9 steps (GUP) of teaching basic to black belt techniques are planned in 7 belts. Including White, Yellow, Orange, Green, Blue, Red and Black Belt. Keep in mind that the belt colors are not standardized and vary somewhat from school to school and all or some may be part of your school's advancement system. However, observance of designed and standard training topics "basic techniques up to the black belt" is mandatory for all members. Hapkido martial arts includes a variety of skills that offer several choices in how to respond to a given attack or situation: Rolls • Falls • Throws • Kicks • Strikes • Blocks • Joint-locks • Submission grappling

White Belt to Yellow Belt - Minimum Term 3 Month



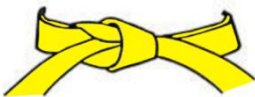
9th ~ 8th Gup Educational Syllabus:

- **Ki Bon (Basic)**
 - Ye Bob (Bow)
 - Yeogsa (Hapkido History)
- **JASE (Basic stance #4)**
 - Pyug Jase (Natural Stance)
 - Kima Jase (Horse Stance)
 - Joa Jase (left Stance)
 - Woo Jase (Right Stance)
- **DAN JUN DO BUP 2 techniques (Breathing Techniques #2)**
 - APRO "Forward"
 - YOPRO "To sideways"
- **DANSHIN BALCHAGI (Single Kicks #5)**
 - Dwikumchi Chaolligi (Raising kick)
 - Ahndari Chagi (Inside crescent kick)
 - Bakatdari Chagi (Outside crescent kick)
 - Ap Chagi (Front Kick)
 - Jiguh Chagi (Roundhouse Kick)
- **KWON SOOL (Hand Striking #4)**
 - Jan Goan Chirigi (Fist Striking)
 - Ba Tang Son Chigi or Piyang So (Palm Heel Strike)

World Hapkido Confederation Education Syllabus and Belts Promotion Grading

- Kwan Su Chigi (Spear Hand Strike)
- Son Nal Chigi or Sodo Chigi (Knife Hand Strike)
- **MAKKI (Blocking Techniques #3)**
 - Sangdan Makki – Wi Makki (High Block)
 - Momtong An Makki (Inside Block)
 - Arae Makki (Low Block)
- **NAKBOUP (Basic Falling Technique #3)**
 - Koorugi (Rolling Fall)
 - Junbang Nakbup – Ap Nakbup (Forward Fall)
 - Hoobang Nakbup – Dwi Nakbup (Back Fall)
- **HOSINSUL (Self-Defense #17)**
 - Han Son Mok Sool Bae Ki (wrist extrication) #4
 - Han Son Mok Sool Bae Ki Chigi (wrist extrication and Striking) #4
 - Han Son Mok Sool Kukki (wrist extrication and Joint Lock) #5
 - Han Son Mok Sool Dunjiki (wrist extrication and Throwing) #3

Yellow Belt to Orang Belt - Minimum Term 3 Month



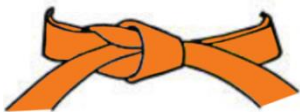
7th Gup Part-A Educational Syllabus:

- **DAN JUN DO BUP (Breathing Techniques #2)**
 - Weero "Upward"
 - Mitturo "Downward"
- **MAKKI (Blocking Techniques #4)**
 - Momtong Bakkat Makki (Inside Block)
 - All blocking of 9,8,7th Gup with going forward
- **NAKBOUP (Basic Falling Technique #4)**
 - Advanced falling of Gup 9-8th
 - Chukbang or Yop Nakbup (Side Fall)
- **DANSHIN BALCHAGI (Single Kicks #6)**
 - Yop Chagi (Side Kick)
 - Jokki Jirugi (Snap Kick with Toes)
 - An Da Ri Cha Nor Ki (Inside Low Scoop Kick to shin)
 - Jokdo Hadan Mollae Chagi or Yeop Cha Ki Ha Dan (Low Side Kick- Foot Blade Deception Kick)
 - Dwi Kum Chi Dae Tae Bu Cha Ki (Heel Inside Hook Kick)
 - Chock Dae Bbyoe Ro Dae Tae Boo Cha Ki (Low Roundhouse Kick)

World Hapkido Confederation Education Syllabus and Belts Promotion Grading

- **KWON SOOL (Hand Striking #4)**
 - Jung Ji Kwon Ji Ru Ki (Center Knuckle Punch)
 - Ho Gu Chi Ki (Tiger's Mouth)
 - Kwan Su Chigi (Spear Hand Strike)
- **HOSINSUL (Self-Defense #17)**
 - An Son Mok Sool Bae Ki (Cross one handed grab techniques) #3
 - An Son Mok Sool Kukki (Cross one handed grab Joint Lock techniques) #5
 - An Son Mok Sool Dunjiki (Cross one handed grab Throwing) #3
 - Ap Eui Bok Sool (Front part cloth grab techniques part-1) #7

Orange Belt to Green Belt - Minimum Term 4 Month



7th Gup Part-B Educational Syllabus:

- **YOUNKYUL MAKKI-PUNCH (Combination Blocking Techniques and Punch)**
 - All blocking techniques of 9,8,7th followed by punch
- **NAKBOUP (Basic Falling Technique)**
 - Hae Joen Nack Bob (Rolling and Side Falling)
 - Kong Jung Hae Jeon Nack Bob (Falling in the air method)
- **DANSHIN BALCHAGI (Single Kicks #6)**
 - Moo Rub Cha Yol Li Ki (Knee Kick)
 - Dwi Kum Chi Cha Dol Ri Ki (Heel Hook Kick)
 - Bal Mack Ki (Cover kick)
 - Chock Do Mil Yer Nock Ki (Knife Edge Push Kick)
- **KWON SOOL (Hand Striking #3)**
 - Kack Kwon Chi Ki (Striking with back of the fist)
 - Mang Chi Chi Ki (Hammer fist striking)
 - Jeol Kwan Soo Chi Ki (Bend finger hand striking)
- **SSAHNG JEOL BONG (Nunchaku Techniques)**
 - Kibon Nunchako – Part 1

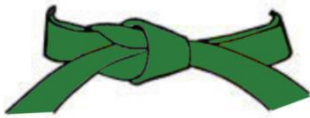
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- **HOSINSUL (Self-Defense #13)**

- Myock Sal Ba Ro Jabul Ddae (Collar Straight grip "Arm Press, Armpit Joint Lock, Throw) #3
- Myock Sal Bi Kyoer Jab Ul Ddae (Collar Inverted grip " Wrist Joint Lock,) #2
- Myock Sal Chi Kkoye Yol Ril Ddae (Collar Twist grip "Neck Joint Lock, Wrist Joint Lock) #2
- Keyo Du Rangi Mit Jabhersul Ddae (Armpit grab) #2
- Her Ri Ddi Ba Ro Jab Hersul Ddae (Belt grab) #4

- **KYOROOGI (SPARRING part-1)**

Green Belt to Blue Belt - Minimum Term 5 Month



6th Gup Educational Syllabus:

- **YOUNKYUL MAKKI-PUNCH (Combination Blocking Techniques and Punch)**

- All blocking techniques of 9,8,7,6th followed by punch and kick

- **DANSHIN BALCHAGI (Single Kicks #6)**

- Dwi Dolar Cha ki (Spain Kick (low, middle, high)
- Dwi Cha ki (Back Kick)
- Dwi Dol Ra Yeop Cha Ki (Turn & Side Kick)
- Dwi Dol Ra Dwi Cha Ki (Turn & Back Kick)
- Pogpung bal chagi (Tornado Kick (Roundhouse Kick, Raising kick and etc.))

- **KWON SOOL (Hand Striking #5)**

- In Kwon Chi Ki (Strike with Chestnut fist)
- O Ji Kkut Ji Ru Ki (Five finger striking)
- Seon kkut Cher Neri Ki (Finger tip striking)
- Yeock Soo Do Chi Ki (Inner knife hand striking)
- E Ji Kkut Ji Ru Ki (Two finger striking)

- **SSAHNG JEOL BONG (Nunchaku Techniques)**

- Kibon Nunchako – Part 2

- **HOSINSUL (Self-Defense #26)**

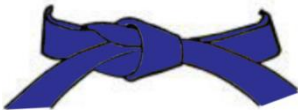
- Han Seon DwiDolMi Jab Hutsul Ddae (Rear shoulder grab with one hand) #3
- Yang Ear Kae Jab Hutsul Ddae (Rear shoulder grab with Two hands) #3
- Yang So Me Jung Jab Hutsul Ddae (Rear Middle Sleeve grab with Two hands) #3
- Yang Seon Mock Jab Hutsul Dade (Rear wrist grab with Two hands) #3
- Pal Bark Woo Ro Kkyeou An Rul Ddae (Arms Pinned from behind) #2
- Yang Pal An woo Ro Kkyeou An wul Ddae (Arms Pinned from behind under hands) #2
- Dwi Ae Ser Yang Er kkae Gam Ssa Jab Wul Ddae ((Double Shoulder Grab from Behind) #2

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- Dwi Ae Ser Mock Kkarck Jji Kkeyou-Sul Ddae (Neck lock with arms from behind) #2
- Cheon Meyoun Ang Pal bark-Ku Ro An Wul Ddae (Hugging of front from outside the arms) #2
- Cheon Meyoun An Woo Ro An Wul Ddae) Hugging from the front under the arms) #2
- Mer Ri Jab Hut-Sul Ddae (Hair Grab) # 2
- **KYOROOGI (SPARRING part-2)**

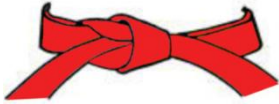
Blue Belt to Red Belt - Minimum Term 6 Month



5th ~ 4th Gup Educational Syllabus:

- **YOUNKYUL MAKKI-PUNCH (Combination Blocking Techniques and Punch)**
 - All blocking techniques of 9,8,7,6th followed by punch and kick
 - Han Sonnal Momtong Bakkat Mkki (Outside Knife Hand Block)
- **DANSHIN BALCHAGI (Single Kicks)**
 - Dwi Dolar Cha ki Ha Dan – Anja (Sweep Spain Kick)
 - Dwi Cha ki Chon Dan (Middle Spain Kick)
 - Jiguh Cha Ki Hadan (Sweep Roundhouse Kick)
- **NAKBOUP (Falling Technique)**
 - Ki Jang Nack Bup (The obstacle falling method (Far distance))
 - Wall Jang Nack Bup (The obstacle falling method (High up in the air))
- **YOUNKYUL KWON SOOL& BALCHAGI (Combination Hand and Kick Techniques)**
 - Combination Hand and Kick techniques of 9,8,7,6th followed by punch and kick)
- **SSAHNG JEOL BONG (Nunchaku Techniques)**
 - SSAHNG JEOL BONG POOMSE (1st Nunchaku form)
- **HOSINSUL (Self-Defense #20)**
 - An Son Mok Sool (Cross one handed grab techniques) #2
 - Yang Soo Chwi Sool (Both hand cross one-handed grab techniques) #4
 - Yang Son Mok Sool (Both handed grab techniques) #5
 - Bang Kwon Sool (Punch defense techniques) #19
- **KYOROOGI (SPARRING part-3)**

Red Belt to Black Belt - Minimum Term 7 Month



2nd ~3rd Gup Educational Syllabus:

- **YOUNKYUL MAKKI-PUNCH (Combination Blocking Techniques and Punch)**
 - All blocking techniques of 9,8,7,6th followed by punch and kick
 - Han Sonnal Momtong Bakkat Mkki (Outside Knife Hand Block)
- **DANSHIN BALCHAGI (Single Kicks)**
 - Dwi Dolar Cha ki Ha Dan – Anja (Sweep Spain Kick)
 - Dwi Cha ki Chon Dan (Middle Spain Kick)
 - Jiguh Cha Ki Hadan (Sweep Roundhouse Kick)
- **NAKBOUP (Falling Technique)**
 - Ki Jang Nack Bup (The obstacle falling method (Far distance))
 - Wall Jang Nack Bup (The obstacle falling method (High up in the air))
- **YOUNKYUL KWON SOOL& BALCHAGI (Combination Hand and Kick Techniques)**
 - Combination Hand and Kick techniques of 9,8,7,6th followed by punch and kick)
- **HOSINSUL (Self-Defense #20)**
 - Bang Jok Sool (Kick defense techniques part-1) #10
 - Bang Too Ki or Bang Too Sool (Two-handed attack defense techniques) #15
- **KYOROOGI (SPARRING part-4)**
- **MU KEE Hyung (Weapons Form)**
 - Kibon Joong bong Sul (Basic Long Staff)

World Hapkido Confederation Education Syllabus and Belts Promotion Grading

Black Belt to 1st Dan - Minimum Term 8 Month



1st Gup Educational Syllabus:

- **YOUNKYUL MAKKI-PUNCH (Combination Blocking Techniques and Punch)**
 - All blocking techniques of 9,8,7,6th followed by punch and kick
 - Han Sonnal Momtong Bakkat Mkki (Outside Knife Hand Block)
- **DANSHIN BALCHAGI (Single Kicks)**
 - Dwi Dolar Cha ki Ha Dan – Anja (Sweep Spain Kick)
 - Dwi Cha ki Chon Dan (Middle Spain Kick)
 - Jiguh Cha Ki Hadan (Sweep Roundhouse Kick)
- **NAKBOUP (Falling Technique)**
 - Ki Jang Nack Bup (The obstacle falling method (Far distance))
 - Wall Jang Nack Bup (The obstacle falling method (High up in the air))
- **YOUNKYUL KWON SOOL& BALCHAGI (Combination Hand and Kick Techniques)**
 - Combination Hand and Kick techniques of 9,8,7,6th followed by punch and kick)
- **HOSINSUL (Self-Defense #20)**
 - Bang Jok Sool (Kick defense techniques part-1) #7
 - Seon Sool (First attack techniques) #15
 - Mu Ki Sool (Knife, Staff defense techniques) #10
- **MU KEE Hyung (Weapons Form)**
 - Joong bong Sul Il Hyung (Long Staff form-1)
- **KYOROOGI (SPARRING part-5)**